



THE ABLE NETWORK
...promising futures

ABLE NETWORK NEWS

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MY NEW VOLUNTEER POSITION AT THE YMCA PRE-SCHOOL BY ELAINE HURST

In February, I started a new volunteer job at the YMCA pre-school over at Trinity Church. I work there on Wednesday mornings from 9:30-11:30AM. Before I go to the Church, I help out at the ABLE office. My YMCA supervisors' names are Melissa and Kim. They are really nice. It is my responsibility to wash all of the toys in the dishwasher. I want to make sure the kids are playing with clean toys. It's the same type of dishwasher that I use at my other job. Once I'm finished with cleaning the toys, I help set up for snack time at 10:30 AM. I wipe the tables, hand out napkins, and carry cups of juice to the kids. After snack I like to play with the kids. It is their gym time so we play with toys, hula hoops, ribbons and the parachute. During story and song time I sit down with the kids. We read books and do the actions for different songs. Afterwards, I help to collect and clean up the books and toys. Sometimes I also help to put away their arts and crafts. It is a fun job!



Elaine sanitizing the toys in the industrial dishwasher.

BUYING OUR MONTHLY BUS PASSES BY RYAN GRANT AND BRENT HOEY



Ryan & Doug checking out the ice sculpture at Town Hall.

Every month, some of my peers and I are taking responsibility for buying our own bus passes. We buy the passes at the Aurora Town Hall. A group of us plan the route and take the bus together. We need to bring our wallets with money or a debit card. Some of us also have a discount coupon that we can use. When we get back to ABLE, we give the receipt to Barb. It feels really good to be able to buy our own bus pass and it means that our moms don't have to do it for us. We are going to try to do this together every month until we are comfortable to do it on our own.

When we went to get our passes last month, they had some beautiful ice sculptures in front of Town Hall. Some of us took pictures before heading back to the bus.



MY NEW TASKS AT SWISS CHALET AND HARVEY'S BY MEREDITH ALLAN

I've been working at Swiss Chalet/Harvey's for over five years now. At the beginning I mostly worked on the Swiss Chalet side of the restaurant preparing salads, filling the salt and pepper shakers, cleaning the menus and the dining room. Once I finished my tasks at Swiss Chalet I used to go over to Harvey's and stock up the condiments and clean the windows. My boss Joe asked me if I'd like to have more responsibility at Harvey's. He asked me to start preparing the soft drinks for the customers. When a customer orders a drink I have to make it and then make sure that I put the right drink with the right tray or take out bag. I was nervous when I first started doing it but I like it now. I'm also really happy that I got a Harvey's shirt and hat and my own name tag!



Meredith in her Harvey's uniform.

THE ABLE NETWORK IS EXPANDING TO RICHMOND HILL!

We are very excited to announce that the ABLE Network is growing! We will be opening up a new location in Richmond Hill on August 04, 2015. The new location will be at 11339 Yonge Street on the grounds of L'Arche Daybreak in the Dayspring building. We will be welcoming five new participants to our program.

THE AURORA FAMILY LEISURE COMPLEX RE-OPENED IN MARCH BY MINA HANNA

The new Aurora Family Leisure Complex finally opened in March. My favourite part of the new gym is saying hi to the other members, working hard and having all the big windows. At the new gym, I really like going on the bike and the rowing machine. My goal is to use the bike, treadmill and the rowing machine for 15 minutes every time I go to the gym. I work hard on the weight machines too. I work out my chest, my legs, my arms and my back.



Mina working out at the gym.

CONGRATULATIONS TO ADAM BROOKES

Congratulations to Adam for winning the character trait award of the month for Courage. Adam showed a lot of courage over the last month and a half as he faced some challenges in his life. Despite the difficulties he faced, he continued to work hard and had a positive attitude!



Adam with his award

ON THE CALENDAR THIS MONTH

Celebrating a birthday this month: Kirstene

April 03: Good Friday

April 05: Easter Sunday

Character Trait of the month: Empathy



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We're on the Web!
See us at: www.theablenetwork.ca