

A BIG THANK YOU TO EVERYONE AT THE ABLE NETWORK BY ABIGAIL KIDD

I attended The ABLE Network every day for two months from early September to early November as a Master's student doing research for my thesis. I had a fantastic time watching and learning from seven of ABLE's participants as they volunteered, worked, attended the gym, used transit, did literacy, cooked, and did all the other activities they do at The ABLE Network and in the community. I also benefitted greatly from the interviews I did with some of the guardians of participants at ABLE and from the opportunities to observe in workplaces and meet employers. I want to say a big thank you to all of the participants, guardians, employers, and staff at ABLE for working with me over that two month period. I learned a lot and I am very impressed by the work everyone is doing every day.



Ryan, Meredith, Elaine, Nick, Doug, Abby, Jamie & Adam.

COMING TO THE ABLE NETWORK BY MICHAEL BOLTON

I started coming to ABLE in October. I come to ABLE every Thursday. I am hoping to come to ABLE three days a week in the New Year. I am hoping to get some work experience too. I go to the gym on Thursday mornings and I have the Work Course in the afternoon. My favourite things at ABLE are learning about being a good worker and hanging out with my friends. I also like working out at the gym because it makes me strong. We have to go to a different gym now because the leisure complex is under construction for the next year.



Michael working out at the gym.

ABLE NETWORK CHRISTMAS OPEN HOUSE

We would like to invite our families, friends, volunteers and community partners to stop by our home base at 44 Metcalfe Street, Aurora for our annual Christmas Open House on Thursday, Dec. 19th from 1:00-4:00PM. We will be serving refreshments prepared by our participants. We will also be having a bake sale to raise funds for victims of Typhoon Haiyan.

CONGRATULATIONS BRENT HOEY

Brent was recognized for practicing our character trait of the month, responsibility. Brent willingly offers (without being asked) to take responsibility for various tasks at ABLE such as the laundry and he has acted responsibly at both of his jobs in the community.



Brent with his award.

HAVING MAYOR GEOFF DAWE FOR LUNCH AT ABLE NETWORK BY GEMMA KIDD

On Friday, November 01st, Geoff Dawe, the mayor of Aurora came to ABLE Network for lunch. He gave us so much money and we had lots of fun with him. We took a picture of the great big cheque. The cheque was for \$5000.00. The money was raised at his golf tournament and it will help us at ABLE with our programming. At lunch the mayor talked about his job with the Town of Aurora and his family and kids. A photographer from Snapd and the Auran were also here to take pictures of us with the mayor.

Céline, Elaine, Evan, Nick & Doug made Gouda and lentil soup and a strawberry/mango smoothie. It was so good. We had a blast!



ABLE participants with the mayor.

MY NEW JOB AT SUNRISE BY ELAINE HURST



Elaine setting the tables at Sunrise.

My new job is at sunrise. I just started working there in November. I work on Thursday afternoons. I set the tables, vacuum and help with the laundry in the first floor dining room. My boss' name is Jean. She is very nice. I don't have to wear a uniform to work but I do dress up. My favourite part of the job is setting the tables. I like doing the glasses. Each place gets two glasses. I turn one upside down and I put a folded napkin in the other one. The vacuuming is the hardest part for me because I have to vacuum under so many tables. I would like to get better at vacuuming. My new job makes me happy because I feel proud of myself.

ON THE CALENDAR THIS MONTH

Character Trait of the month: **Fairness**

Dec. 04 - Céline's birthday

Dec. 09 - Swiss Chalet Dinner

Dec. 19 - ABLE Network Open House

Dec. 20 - Bowling Party

Dec. 23-Jan. 01 inclusive - ABLE Network Closed



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We're on the Web!
See us at: www.theablenetwork.ca