



**THE ABLE NETWORK**  
...promising futures

# ABLE NETWORK NEWS

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## ABLE NETWORK RECEIVES AN AWARD FOR EXCELLENCE IN TRANSIT TRAINING

On June 5th, York Region hosted the first annual myRide Travel Training Recognition Ceremony to honour excellence in travel training delivery and participation and to continue to raise awareness of the program and its benefits in the community. Since its launch in 2008, the myRide Travel Training program has partnered with over 30 agencies in York Region to deliver transit training to more than 2000 participants across the region. Two ABLE Network participants were recognized for their outstanding achievement. Ryan M was recognized for continuing to demonstrate great interest in learning how to use YRT/Viva and showing significant progress since he enrolled in the program in September 2013. Meredith was recognized as a former myRide participant who has completed the program and is now using the YRT/Viva independently to access the community. Both Ryan and Meredith received a certificate of achievement and a Presto card with a \$25 value. The ABLE Network was honoured to be the organization presented with the Excellence in Travel Training Award for demonstrating leadership and creativity in delivering the myRide travel training program.



Meredith, Céline & Ryan with the awards.

## IMPORTANT DATES TO MARK ON YOUR CALENDAR FOR ABLE

July 21-August 04, 2014 inclusive - Summer Shutdown

October 19, 2014 - Scotiabank Toronto Waterfront Marathon

October 29, 2014 - Come to the Table for ABLE at Ristorante Joia in Aurora

November 7 & 8, 2014 - Home for Christmas House Tour in Stouffville (more information to follow)

## ABLE NETWORK HEALTH & SAFETY COMMITTEE BY MEREDITH ALLAN

On June 01, 2014 we started a Health & Safety Committee for ABLE Network and the Rectory. The committee will have an ABLE leader and an ABLE participant representative. The ABLE participant representative will change every three months so that everybody gets a chance to be responsible. I volunteered to be the first representative on the committee. Each month I will walk through the inside and the outside of the Rectory to look for safety hazards. My leaders made a checklist that I carry with me as I walk through the Rectory. I can check off if things are safe. If they aren't I have to write notes about what needs to be fixed and then I give the report to our Directors, Barb and Joan. We also practice having monthly fire drills.

## CONGRATULATIONS TO MICHAEL BOLTON

Michael Bolton was recognized for practicing our character trait of the month, inclusiveness. Michael tried hard all month long to make sure all of his friends were included and felt like they belonged. Keep up the good work Michael!



Michael with his award.

## VISITING MARY AT HER JOB AT MAGNA BY DOUGLAS SOOLEY

On June 17<sup>th</sup> Meredith, Céline and I went to visit Mary at her job at Magna. We don't get to see Mary very often anymore because she works in the main kitchen at Magna full time now. She works everyday from 8:10AM - 2:10PM. She rinses the dishes and runs the steamy dishwasher. She also restocks the kitchenettes in the other buildings. She goes through the underground tunnels to get to the other buildings. She said at the beginning she got lost a few times but now she knows her way. I think Magna looked like the White House because it is big and fancy. Meredith thinks it looks like a palace. After Mary showed us her tasks we ate lunch with her and her supervisor Terry in the cafeteria. Mary's boss Lori made us huge wraps and salads. We ate our lunch in the solarium. We were going to eat outside on the terrace but then it started to pour. It was great to see Mary and see what she does. I hope to have a full time job someday too.



Terry, Mary, Céline, Doug & Meredith having lunch in the Magna cafeteria.

## OUR ANNUAL VOLUNTEER LUNCHEON BY GEMMA KIDD

Every June, we have the volunteer luncheon at ABLE Network to say thank you to all of our volunteers who help us out during the year. This year it went great! This year we held it on Friday June 20<sup>th</sup> in the afternoon. We ate quinoa salad, broccoli salad, Caesar salad and garlic bread. For dessert we had sweets like cookies and brownies and tea or coffee. We also had a mango/peach smoothie and fruit kabobs which our grocery shoppers made. Some of our board members came and some of our volunteers who work with us every week came as well. It's always fun to chat with our volunteers and catch up while we eat. It was also really nice to see Kirstene and her new baby Raven as well. We hosted the lunch on the front porch and on the front lawn. We are so lucky because we always have nice weather every year. ABLE Network participants and staff helped to set up and clean up for the event. We all pitched in. Each volunteer received a picture of the ABLE gang. We will do it again next year.



Gemma, Mae, Adam & Raz having lunch on the porch.

## ON THE CALENDAR THIS MONTH

Character Trait of the month: **Perseverance**  
 July 01, 2014 - Canada Day  
 July 18- Aug. 04<sup>th</sup> - ABLE Network Shutdown



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 See us at: [www.theablenetwork.ca](http://www.theablenetwork.ca)