



**THE ABLE NETWORK**  
...promising futures

# ABLE NETWORK NEWS

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## MY NEW JOB AT TIM HORTON'S BY JOLEN MCPHEE

I have a new job at Tim Horton's! I work on Tuesdays and Wednesdays from 1:30PM until 3:30PM. I walk to work and back to ABLE and then I take the bus home. My boss is named Jeff. My boss and coworkers are friendly, helpful, and awesome! At work, I do the dishes. I have to get them from the lobby, rinse them, put them in the dishwasher and then put them away. I need to check the lobby all of the time to keep it clean. I clean the tables, sweep the lobby, and put the garbage away. I also sweep outside in the parking lot. It is important to wear my safety vest so people can see me! My job makes me feel happy, it's awesome!



Jolen doing the dishes.

## THE ABLE AURORA GANG STUDYING THE SOIL WITH SCIENTIST JANE BY BRENT HOEY

Scientist Jane came to ABLE to teach us about types of soil, worms, plants, rocks, dirt, sand, healthy stuff for growing plants called nutrients, and about the garden. She had different types of soil, so we could see the layers in the ground. Scientist Jane brought a special pill to change the colour of the soil. When it was pink, it was really good, healthy soil. She brought worms so we could learn about them. I learned where the head of the worm is, and how it moved. We had a race with the worms to see which one could go fastest. My favourite part was when a worm was on my hand. It left some dirt on my hand. It tickled me and I laughed. We learned there are about 1.5 million worms on the ABLE property. I would like Scientist Jane to come back to teach us more.



Brent holding a worm.

Adam, Evan, Doug, Andrew, Jane, Devin, Ryan M & Brent.

## ABLE NETWORK RICHMOND HILL OPEN HOUSE

The ABLE Network Richmond Hill will be holding their first Open House on Wednesday, June 08, 2016 from 5:00PM-7:00PM. Please come and visit us at our newest location (11339 Yonge Street, Richmond Hill, 905-717-7164) and learn more about all of the wonderful things that are happening at ABLE.

## ABLE NETWORK WILL BE AT THE AURORA STREET SALE

The ABLE Network will once again have a booth at the Aurora Street sale on Sunday, June 05<sup>th</sup> from 11:00AM-5:00PM. Our booth will be located in front of Carruthers Financial & Associates at the corner of Yonge and Reuben Streets. We hope to raise awareness about our program. We will be raffling off Blue Jays tickets, Toronto FC tickets as well as selling \$50 Cobs Bakery Gift Cards for \$20 each with the proceeds going directly to the ABLE Network. Please stop by and check out our booth. The street sale should be a fun filled event for everyone with over 500 vendors, street performers and plenty of food!

## MY STUDENT PLACEMENT AT ABLE AURORA BY JOANNE SHIN

My name is Joanne Shin. I came to Canada from Korea 4 years ago. I go to Seneca College in Toronto. I am studying to be a social service worker. Before I came to Canada, I worked as a vocational rehabilitation counselor for 8 years in Korea. I am excited to be doing my student placement at the ABLE Network because I am very interested in social services and education for people with intellectual disabilities. If I have a chance, I would like to introduce and share the system of high-quality and effective programs of the ABLE Network to Korea. After I am finished school, I hope to work at a place just like ABLE to provide effective programming for people with intellectual disabilities.



Gemma, Joanne & Devin making soap.

## MY STUDENT PLACEMENT AT ABLE RICHMOND HILL BY SARAH PETTIGREW

I am doing an intensive full time placement at the ABLE Network Richmond Hill until June 17th. I am a student from Humber College, where I am completing the Developmental Services Worker Program. When I graduate I hope to get a job working at a community based program such as ABLE. I have enjoyed my time at the ABLE Network getting to know everyone and seeing the participants at work. I have also had fun joining in activities like Art Therapy, transit training and going to the gym. I have also liked seeing all of the wildlife like the muskrats, frogs, and goslings in the pond.



Jenna, Theresa, Mina, Jolen, Sarah and Debbie.

## CONGRATULATIONS TO MINA, GEMMA, DOUG & JOLEN

Congratulations to Mina and Gemma for winning the character trait award for courage. Mina has recently shown a lot of courage in handling changes in his life and expressing his feelings calmly and Gemma has shown courage in trying new things. We would also like to congratulate Doug and Jolen for being our transit stars for the month. They have both shown marked improvement in using their cell phones safely in the community as well minding their walking speed. Way to go!

## ON THE CALENDAR THIS MONTH

**Character Trait of the Month: Perseverance**

**June 05:** Aurora Street Sale-11:00AM-5:00PM

**June 08:** ABLE Open House in Richmond Hill

**June 21:** First day of summer

**Important Dates to Remember:** Summer Shutdown will be from Monday, July 18<sup>th</sup> to Monday, August 01<sup>st</sup> inclusive.



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We're on the Web!  
See us at: [www.theablenetwork.ca](http://www.theablenetwork.ca)