



THE ABLE NETWORK
...promising futures

ABLE NETWORK NEWS

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IT WAS A GREAT DAY AT THE STWM BY DOUG SOOLEY

I did the Scotiabank Toronto Waterfront Marathon on Sunday, October 20th. I had to get up around 5:30AM because Barb was picking me up at 6:15AM. It felt like it was the middle of the night. It was still dark outside when we got on the bus to go downtown. I did the 5K with Céline and Karen H. Céline and I ran across the finish line and then we each got a medal for completing the 5K. The thing I liked best about the marathon was that a lot of people sponsored me. The ABLE team raised \$45 249.00.



Doug & Céline crossing the finish line.

MORE FUN AT THE STWM BY ELAINE HURST, NICK PORTER & ADAM BROOKES



On Sunday, October 20th we went to the Scotiabank Toronto Waterfront 5K Marathon. We had to get up at 5:30AM to catch a school bus to take us downtown. We ate breakfast on the bus with our friends. We had a muffin, grapes, cheese and a juice box. At the marathon we walked with our friends and parents. Our favourite part was when we got a medal at the finish line and we liked walking and talking to all of our friends and eating popsicles. It was so much fun!



MY WEDNESDAY MORNINGS AT ABLE BY CHRIS MITCHINSON



Chris bagging the bread.

I live at Reena now. I come to ABLE every other Wednesday. I used to come every week to do literacy and I miss doing math activities. When I come to ABLE I work with my friends. I take the garbage out of the pews and turn the Bibles right side up. I also bag the bread for the Welcome Table. I work with Evan, Doug, Devin, and Elaine. I like coming to ABLE to work and I get to see my friends.

CONGRATULATIONS TO ELAINE HURST



Elaine with her award.

Elaine was recognized for exhibiting our character trait of the month, honesty. She had the courage to tell the truth in a difficult situation. Way to go Elaine!

COME TO THE TABLE FOR ABLE V AT JOIA RISTORANTE BY MEREDITH ALLAN

On Oct. 30 we held our 5th annual Come to the Table for ABLE fundraiser at Ristorante Joia. Before dinner I sold raffle tickets with my friend Doug & Nancy Bennett's son Michael. We sold a lot of tickets because we had so many prizes. Ryan M made a toast to welcome our guests. Two of our volunteers, Vivienne Arkeveld and Dave Town received a plaque because they have been volunteering at ABLE since it opened 5 years ago. After dinner I helped draw the winning the raffle tickets. I really think we nailed it because we are amazing. It was a great night. Our guests enjoyed themselves and we raised a lot of money. Thank you for supporting ABLE Network!



Ryan M giving the welcome toast at the dinner.

THE ABLE NETWORK WELCOMES MICHAEL BOLTON

Staff and participants are excited to welcome Michael Bolton to the ABLE Network program. He recently graduated from Sacred Heart High School in Newmarket. We wish Mike success in our program and we hope he enjoys it.



ABLE participants with the \$5000 cheque.

AURORA MAYOR'S CHARITY GOLF CLASSIC

The Aurora Mayor's Charity Golf Classic is an annual golf tournament that was held on September 26th. Many golfers went out and joined Aurora's mayor, Geoff Dawe, in raising funds for various local charities including The ABLE Network. We are very fortunate to be receiving \$5000.00 from this event and we would like to thank everyone who participated in the golf tournament.

The staff and participants of Able Network will host Mayor Geoff Dawe as our special lunch guest on Friday November 1st for the official presentation of the cheque.

ON THE CALENDAR THIS MONTH

Character Trait of the month: **Responsibility**

Nov. 01 - Mayor Geoff Dawe comes to ABLE for lunch

Nov. 11 - Remembrance Day



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We're on the Web!
See us at: www.theablenetwork.ca