



**THE ABLE NETWORK**  
...promising futures

# ABLE NETWORK NEWS

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## I HAVE A NEW JOB AT NO FRILLS IN RICHMOND HILL BY JOLEN MCPHEE

I work at No Frills in Richmond Hill on Tuesday and Thursday from 12:30-3:30. I take the 98 bus by myself to get to work. I help out with the fruits. I need to tidy the fruits, and move the older ones to the top and the new ones on the bottom. I also sweep the floor three times with a large broom in the produce section. Sweeping is my favourite task. Kirstene has been visiting me at work to help me learn my new tasks. I feel happy about my new job at No Frills. It's awesome!



Jolen re-stocking produce.



Jolen sweeping.

## GOING TO CLAY CLASS IN AURORA BY MINA HANNA

On Monday afternoons we go to clay class at the Pine Tree Potters Guild. We take the 98 bus or the VIVA Blue bus North to Aurora. We have lunch at ABLE Aurora with our peers. Our teacher for clay class is Carol Teal. Carol showed us how to make projects like a bowl, a pocket, animals and a vase. The projects get baked in a special oven called a kiln. When they are hard, we can paint them. I had a good time at clay class.



Mina working on one of his projects.



Devin with two of his projects.

## STOUFFVILLE'S HOME FOR CHRISTMAS HOUSE TOUR 2015

Stouffville's Home for Christmas House Tour will be held on Friday, Nov. 06th from 5:30PM- 9:00PM and Saturday, Nov. 07th from 10:00AM-4:00PM. Part of the proceeds raised on the Home Tour will be donated to the ABLE Network. For more information or tickets please visit the website at: <http://stouffvillechristmashometour.ca/home-for-christmas-2015/>

## FUN AT THE SCOTIABANK TORONTO WATERFRONT 5K MARATHON BY BRENT HOEY



Andrew & Stacey.

On October 18, The ABLE Network walked 5km in the Toronto Scotiabank Waterfront Marathon. Our day started at 6:15am when we all got on the bus to head to Toronto. On the bus we each got breakfast bags that some of my peers made the Friday before. I walked the 5km with my brothers Eric and Andrew. Walking with them was a lot of fun. My favourite part of the walk was when there were groups of people cheering us on. When I finished the walk I was very happy. I had a great day with my friends and family. Leading up to the walk, my peers and I at the ABLE Network worked very hard to fundraise. In total we raised almost **\$45 000!** I would like to say a big thank you to everyone who sponsored all of us at the ABLE Network.



Marina, Mina & Andrew.



A bus load of happy participants.



Ryan G, Nick, Michael & Brandon.

### CONGRATULATIONS TO NICK & MINA

Congratulations to Andrew & Mina for winning the character trait award for **Initiative**. They have both done a wonderful job of showing initiative on a regular basis. Andrew consistently checks the washer and dryer and does laundry without being prompted. He also encourages his peers to help out. Mina takes initiative to get the dishes done and to keep the Day Spring building clean and tidy. Thanks for being great role models!

### ON THE CALENDAR THIS MONTH

**November 06 & 07:** Stouffville Home for Christmas House Tour

**November 11:** Remembrance Day

**Celebrating a birthday this month:** Doug  
**Character Trait of the month:** Compassion



ABLE Network  
44 Metcalfe Street  
Aurora, ON, L4G 1E6  
Phone - (905)-841-7627

We're on the Web!  
See us at: [www.theablenetwork.ca](http://www.theablenetwork.ca)