



**THE ABLE NETWORK**  
...promising futures

# ABLE NETWORK NEWS

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## JOINING THE ABLE NETWORK

BY RYAN MACMILLAN

I started coming to the ABLE Network in September. I come to ABLE three days a week. I also go to Seneca College. When I'm at ABLE I go to the gym, I do volunteer work, literacy and transit training. My favourite activity is working at the Clothes Closet. I work at the Clothes Closet twice a week with my friend Nick. On Thursdays, a volunteer named Karen helps us. We sort the donated clothes, hang them up and put them in the store. Sometimes we see Toronto Maple Leafs clothes. Karen is really nice and she lets us know when it is time to take a break.

I knew everyone at ABLE from my sports activities like bowling, basketball and hockey but now I get to hang out with them more. I'm looking forward to my turn to cook with the chefs.



Karen and Ryan hanging clothes.

## CONGRATULATIONS TO DOUG SOOLEY

Doug was recognized for exhibiting the character trait respect throughout the month of September. He consistently treated others respectfully while at ABLE Network and out in the community. Way to go Doug!



Doug with his award.

## GEARING UP FOR OUR FALL FUNDRAISERS

The countdown is on for our fall fundraisers! Our staff, participants, board members, families and friends are preparing to walk in the Scotiabank Toronto Waterfront Marathon on October 20, 2013. We are really looking forward to this event and it should be a fun day for everyone! This year we will have a bus so that we can travel to the marathon together as a group. Please support us by sponsoring one of our walkers or by walking with us. We hope to raise \$30 000.00. Please help us to reach our goal by following this link to get involved

<http://www.torontowaterfrontmarathon.com/en/charity/able.htm>. If you have any questions please contact the ABLE Network at 905-841-7627.

On October 30<sup>th</sup> we will be having our 'Come to the Table for ABLE V' fundraising dinner at Joia Ristorante. This is always a great time and the tickets go fast so please let Barb ([barb.allan@theablenetwork.ca](mailto:barb.allan@theablenetwork.ca)) know if you want tickets. Thanks to everyone who so generously supports us in these two events to raise much needed funds for ABLE Network.

## BRIDAL SHOWER FOR AMANDA AND ANDREW BY DEVIN TURNER

On Friday September 27<sup>th</sup> we had a surprise bridal shower at lunchtime for Amanda because she is getting married in October.

We had a nice meal with lots of food. Amanda's fiancé Andrew was the surprise guest.

After lunch we gave them gifts and played games. We played "tie the knot" Jenga. We played it on teams with our wrists tied together. I was the judge and the scorekeeper.

I think Amanda had fun and everybody enjoyed it.



Andrew & Amanda

## MY NEW JOB AT BLUE BALLOON BY BRENT HOEY



Brent heading to work at Blue Balloon.

In September my schedule changed because I now have three jobs. I work at Longo's, Blue Balloon and King's Riding Golf Club. On Wednesday mornings I work at Blue Balloon. I sweep and mop the floors, clean out the fridge, wipe the tables and chairs and I take out the garbage.

My boss' name is Julie. She is very friendly. I remember her from a music class that I used to go to a long time ago. She was the teacher.

I like my new job because I like doing different things and it is close to ABLE. I can walk there from ABLE Network.

### ON THE CALENDAR THIS MONTH

Character Trait of the month: **Honesty**

Oct. 20 - Scotiabank Toronto Waterfront Marathon

Oct. 23 - Barb's birthday

Oct. 30 - Come to the Table for ABLE

