



THE ABLE NETWORK
...promising futures

ABLE NETWORK NEWS

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MY NEW JOB AT DR. KERN'S DENTAL OFFICE BY ELAINE HURST



Elaine working in the lab.

I have a new job! I work at Dr. Kern's dental office on Mosley Street. I have lots of tasks to do. I have to sterilize the instruments, shred paper, tidy the waiting room and clean the kitchen. When I sterilize the instruments I have to wash my hands first, wear gloves, a mask, my glasses and hair clips. I also wear scrubs to work. When I handle dirty instruments, I wear purple gloves. I put the instruments in the ultrasonic machine for twenty minutes. Then I rinse them and put them in the sterilizer. When I handle clean instruments, I wear blue gloves. I am going to be working two afternoons per week for four hours each day.

I really like my new job. I am still in training and I 'm learning a lot of new things. I get a paycheque from Dr. Kern. I want to put my money in the bank and save it. The ladies I work with are all very nice and I know all of their names.

RAISING MONEY FOR ABLE NETWORK AT GRAYSTONES DANCE CLUB BY RYAN M

On Friday, September 25th I had a dance party at Graystones Dance Club to raise money for the Scotiabank Toronto Waterfront Marathon which is a fundraiser for the ABLE Network. Graystones was very generous and donated the dance hall for the evening. We put up an ABLE Network banner so people would know where the money was going. It cost \$10.00 to get in and all of the money went to ABLE. There was music and lots of dancing. I brought my ipod and chose all of the songs. My mom, my dad and I invited all of our friends to come to the dance party. Over one hundred people came. We raised \$1120.00! My favourite part of the evening was dancing to Taylor Swift with all of my friends. The party lasted until midnight. It was a lot of fun! Thank you to all of the staff at Graystones.



Ryan M with his dad Glenn at Graystones Dance Club.



Happy Thanksgiving



DOING MY STUDENT PLACEMENT AT THE ABLE NETWORK RICHMOND HILL BY ALEXIS MALET



Theresa, Alexis & Jolen.

My name is Alexis and I am doing my student placement at Able Network this year! I am currently a second year Social Service Worker student at Seneca. I always view things from a positive perspective and my passion is to interact and work with people who need assistance. So far, I am very much enjoying my time at Able Network and my experiences over the past few weeks have been amazing! I've had the opportunity to support the participants in the literacy/life skills program, transit training and recreation. I've also had the chance to work with the participants one on one and get to know them better. Over the upcoming months I'm hoping to visit them at their job placements. I love learning from this wonderful team of workers and participants and I look forward to continuing to work with and to learn more from them!

SENIORS' WALK & ACTIVITIES DAY AT SUNRISE BY EVAN FAWNS

On Tuesday, September 29th a group of us went to Sunrise to be a part of their walk and activities day. The weather wasn't that good so we stayed inside. I wore my Sunrise work shirt and name tag and I also wore a sombrero. We did a lot of activities. We had fun with the parachute, bean bag toss with hula hoops and we played mini golf. My favourite part was mini golf with Devin, Elaine and the residents. At the end of the activities we got a certificate of participation.



Evan, Devin & Elaine at Sunrise.

CONGRATULATIONS TO NICK & JOLEN

Congratulations to Nick & Jolen for winning the character trait award for Inclusiveness. They have both done a wonderful job of making all of their peers and leaders feel included by acknowledging everyone when greeting people and inviting others to join in. Way to go!

VOLUNTEERING AT ABLE NETWORK BY ANDREW HUGHES

Everyone at ABLE is pitching in to do extra volunteer work for the Clothes Closet which is a second hand clothing store for people in need. It's now our responsibility to empty the donation bin each morning. It gives all of us a chance to help out and be part of the team even if we don't work in the store. When we arrive in the morning, the first person unlocks the bin and then we each grab a bag and put it in the sorting room. It feels great to help out since I no longer work in the store.

ON THE CALENDAR THIS MONTH

October 12: Thanksgiving

Celebrating a birthday this month: Barb

October 18: Scotiabank Toronto Waterfront Marathon

October 28: Come to the Table for ABLE
Character Trait of the month: Initiative



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We're on the Web!
See us at: www.theablenetwork.ca