



Sample #1 Full time Individualized Program Schedule

Time	Monday	Tuesday	Wednesday	Thursday	Friday
8:30-9:00	Arrive Team Meeting	Arrive Team Meeting	Arrive Team Meeting	Arrive Team Meeting	Arrive Team Meeting
9:00-12:00	Recreation @ ALC & Transit Training	Job & Transit Training Tim Horton's	Job & Transit Training Tim Horton's	Job & Transit Training Tim Horton's	Independent Work/ Menu Planning & Grocery Shopping
12:00-1:00	Lunch & Social	Lunch & Social	Lunch & Social	Lunch & Social	Lunch & Social
1:00-3:30	Volunteer work Literacy Activities	Recreation@ ALC & Transit Training	Recreation @ ALC & Transit Training	Recreation @ ALC & Transit Training	Literacy Activities
3:30-4:30	Cleaning Duties Independent Work	Cleaning Duties Independent Work	Cleaning Duties Independent Work	Cleaning Duties Independent Work	Cleaning Duties Independent Work

Sample #2 Full time Individualized Program Schedule

Time	Monday	Tuesday	Wednesday	Thursday	Friday
8:30-9:00	Arrive Team Meeting	Arrive Team Meeting	Arrive Team Meeting	Arrive Team Meeting	Arrive Team Meeting
9:00-12:00	Recreation @ ALC & Transit Training	Recreation @ ALC & Transit Training	Volunteer Work – Welcome Table	Recreation @ ALC & Transit Training	Job & Transit Training Staples
12:00-1:00	Lunch & Social	Lunch & Social	Lunch & Social	Lunch & Social	Lunch & Social
1:00-3:30	Volunteer work Literacy Activities	Job & Transit Training Staples	Recreation @ ALC & Transit Training	Job & Transit Training Staples	Literacy Activities
3:30-4:30	Cleaning Duties Independent Work	Cleaning Duties Independent Work	Cleaning Duties Independent Work	Cleaning Duties Independent Work	Cleaning Duties Independent Work



Sample #3 Part time Individualized Program Schedule

Time	Monday	Tuesday	Wednesday	Friday
8:30-9:00	Arrive Team Meeting	Arrive Team Meeting	Arrive Team Meeting	Arrive Team Meeting
9:00-12:00	Job & Transit Training Sunrise	Job & Transit Training Sunrise	Job & Transit Training Mastermind	Independent work/Menu Planning Grocery Shopping
12:00-1:00	Lunch & Social	Lunch & Social	Lunch & Social	Lunch & Social
1:00-3:30	Volunteer work Literacy Activities	Recreation @ ALC & Transit Training	Recreation @ ALC & Transit Training	Volunteer Work Trinity Anglican Church Office
3:30-4:30	Cleaning Duties Independent Work	Cleaning Duties Independent Work	Cleaning Duties Independent Work	Cleaning Duties Independent Work

Sample #4 Part time Individualized Program Schedule

Time	Monday	Wednesday	Friday
8:30-9:00	Arrive Team Meeting	Arrive Team Meeting	Arrive Team Meeting
9:00-12:00	Recreation @ ALC & Transit Training	Volunteer Work – Clothes Closet	Job & Transit Training Five Below
12:00-1:00	Lunch & Social	Lunch & Social	Lunch & Social
1:00-3:30	Job & Transit Training Five Below	Recreation @ ALC & Transit Training	Literacy Activities
3:30-4:30	Cleaning Duties Independent Work	Cleaning Duties Independent Work	Cleaning Duties Independent Work